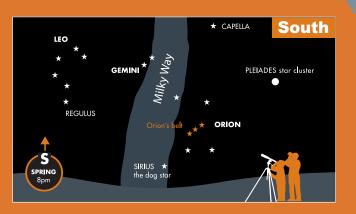
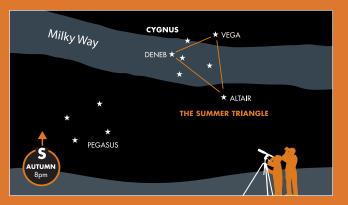
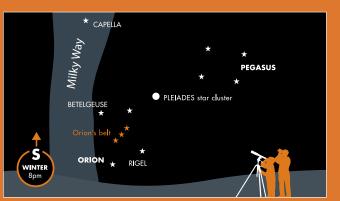
Looking south

These stars change throughout the year but you could see the constellations of Orion, Pegasus and the Summer Triangle or even our Galaxy, the Milky Way.







When's the best time to look? The sky doesn't usually get dark enough in high summer, so the best time to view the stars is from mid-August through to early May.

It's also easiest to see the stars if there is no Moon – look out for new **Moon** phases.

Top tips Be patient – as your eyes adjust to the darkness, the more you will see.

Try to avoid looking at any lights as it can take up to 20 minutes for your night vision to come back.

Take **care**, there might be hazards hidden by the dark.

Bring warm clothing and blankets if you want to stay cosy as **clear nights** are also the most chilly.

Binoculars are useful if you have them, but you can see lots with the naked eye.

Stargazing

in the Yorkshire Dales National Park

Further information

For details of dark sky events, when to see shooting stars or the northern lights and simple starcharts visit

www.yorkshiredales.org.uk/stargazing www.darkskydiscovery.org.uk

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YORKSHIRE DALES National Park

one of Britain's breathing spaces

The superb **dark skies** of the Yorkshire Dales National Park are one of the things that make it such a special place. Free from light pollution, it is a **stargazer's paradise**.

Where should I go?

You can get fantastic views of the night sky, stars and planets just about anywhere in the National Park. The more remote you are from ambient light sources, including street lamps, the better.

What can I see?

On a clear night you could see as many as **2,000** stars. In most places in the National Park it is possible to see the **Milky Way**,

as well as planets, the northern lights, shooting stars – and not forgetting the Moon.



Stargazing Guide An easy guide to help you navigate your way around the sky at night.

Looking north

The Plough is the most easily recognised group of stars in the northern sky.

